

SR *Sammamish Running*

December 2019

Thanks for joining us for the Santa Bear 6k. It was a fast, fun and festive race despite the late rain shower in the race. Hot chili was waiting for all the finishers. Brett Winegar smoked the field with a blazing time of 20:23 for the 6k (3.72 miles).



Brett Winegar Winner of the Santa Bear 6k
Redmond WA December 14, 2019.

Our next 6k race will be the Fall City classic on Saturday March 14th, 2020 at 10 am at the Fall City Park in Fall City Washington. It will be an out and back course along the Raging River.



Fall City Classic March 14, 2020 – 10 am.

We thank our sponsors for the Santa Bear 6k:



Sunset Alehouse - Issaquah Washington

<http://sunsetalehouse.com/>

Sammamish Running

<https://www.sammamishrunning.com/>

Please support our sponsors in order to make the races more affordable and have more goodies.

The racing Series is now available. Sign up for all four 6ks this year for \$65.

Fall City Classic 6k – Saturday March 14, 2020 10 am
Fall City Washington

Red Hawk 6k - Saturday June 13, 2020 10 am
Bellevue Washington

Sam 6k – Sunday September 20, 2020 at 2 pm
Sammamish Washington

Santa Bear 6k – Saturday December 19, 2020 at 10 am
Redmond Washington

To register go to <https://www.active.com/> and type in Fall City and register for the series.

Benefits of running races:

1. Keep you focused on your goals
2. Try to beat your previous times
3. Have fun!
4. Stay Healthy

Sammamish Running - Since opening in 2018, we have been committed to providing quality races in the greater Sammamish Region from downhill marathons to flat and fast 6ks.

SR *Sammamish Running*

December 2019

Race Results Santa Bear 6k
Saturday December 14, 2019
Redmond Washington

#	Bib	Name		Time	Age group	pace/mi
1	354	Brett	Winegar	0:20:34	40-44	5:31
2	347	Heather	Crittenden	0:23:23	30-34	6:16
3	348	Mic	Brisbois	0:24:05	55-59	6:27
4	349	Scott	Spears	0:25:48	55-59	6:55
5	350	Heather	Free	0:26:11	40-44	7:01
6	351	Axel	Kramer	0:27:56	55-59	7:29
7	352	Lana	Doi	0:31:06	60-64	8:34
8	353	Rachael	Tanis	0:32:43	30-34	8:46
9	355	Ken	Foster	0:33:07	55-59	8:52
10	356	Meilene	Brisbois	0:34:13	0-19	9:11
11	357	Kelly	Dillion	0:34:26	40-44	9:14
12	358	Susan	McDowell	0:34:26	50-54	9:14
13	359	Ashley	Hirst	0:37:42	35-39	10:07
14	360	Christopher	Hirst	0:38:20	65-69	10:17
15	346	Tiffany	Wong	0:39:04	30-34	10:29
16	361	Patricia	Hallstein	0:40:48	55-59	10:57
17	362	Meredith	McBride	0:55:38	0-19	14:55
18	363	Elizabeth	Nay	0:55:38	0-19	14:55
19	364	Tara	Johnson	1:01:43	30-34	16:33
20	365	Clara	Kurtenbach	1:01:43	25-29	16:33
21	321	Margaret	Austin	1:03:45	60-64	17:06
22	322	Trevor	Nay	1:05:40	0-19	17:37
23	323	Gabbie	Nay	1:05:40	0-19	17:37



Santa Bear Comes to town – Runners enjoy festive atmosphere with Candy Canes and Hot Chili